# The Axiom of Life



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#### Introduction

This small book is a resume of some facts and some information that science, literature and all other areas provide me.

I will use all this information that is common knowledge.

Also in these days, with the help of technologies, it has become even easier to access this information in the internet, to almost everyone that has access to it.

Knowing English will help you in your live and in getting access to more contents, since it's the recognised international language, but even if you do not know English, will not be a problem, since the internet provide online translators, that have almost every languages, that allow us to read all online contents and also using the online search engines and find anything online.

This book will have some of this knowledge, but will also be my personal human and logic perspective, even if it's an Axiom and that means that it is self-proven, even so there are no absolute truths, since all is relative.

We normally base our knowledge, on our main lines, like the time, space, and location.

With these references we join other common knowledge, like rules and other scientific information to help label what we are seeing.

If for some reason we cannot identify what we are analysing, automatically we "Humans" will associate 2 notions, one "Unnatural" or "not Normal", and the other can be "Fear" or the opposite like "Enthusiasm" or Happiness".

Since this is like a discovery to me even if it's a personal one, "You don't need to put your hand on the fire to know that it will burn you, but you need to do it at least once to know how it feels, even knowing that it will hurt you".

Our ignorance or our feelings could take over our logic, and make us run in fear or paralyze in any unexpected situation.

Besides not knowing all, we all use our emotions to take some decisions and assumptions and that alone will give us a big margin of error.

There is also a common error, that humans normal do, that is assuming for instance, if you cannot explain or understand something that you see, the absence of interpretation/logic/etc will not turn that event into "Magic" or "Supernatural" or even "God Like" action.

In time "Humans" will discover many things, that today seem to be just impossible, and my hopes are that in the near future this will be taught on all normal schools and could be mastered by any "Normal" child.

I know for self-experience that we have the potential of being and doing a lot more that we are today. Even if the Human race is evolving in some fields, in other matters we are just getting worse.

There is also a special subject that I want to mention, and that would be one of most importance to everyone, and on a daily bases is getting worse and in some cases irreversible, without more words, I am talking about our Planet, that is dying every second.

In the past someone has proven, that our actions will have reactions, and our consumption on Earth resources are becoming critical.

The worst part is that more than half of those resources are going directly into the trash, so not only we are damaging Earth, but we are not giving Earth enough time to recover and at the same time we are polluting her, and this actions are poisoning our only Home.

Now imagine a world where most of the Fauna is dead, the remaining air is toxic and will kill us, and the water, one of our most precious liquid is just not fit to drink.

Humans and most of all living beings in this planet are composed by more than 50% of water, so we really need water to live.

There is another resource that we tend to forget that are the plants, trees and so on, they provide us air, just because you do not see it, he is there and the trees, that we destroy everyday are one of our main oxygen producers.

They also do another "non-Magical" thing, they convert dioxide carbon that is toxic to us in great amounts and then transform that in to our good air, besides this they all support a great amount of ecosystems that without those, well let's just say that would be very bad for us an life in general.

And for all this to work we need to change our way, so we can have a healthy soil that will allow us to plant and grow food but just the necessary quantity, not the current one, that is over production, also the "Greens" will feed from this good soil, to help in this process we will need the Sun.

Another fast recall, we must guarantee that our Sun does not became a threat, as we are losing some ozone layers that were protecting us from some of the Sun's radiations.

I am constantly refereeing this actions as "we", because we all are responsible for this actions, and you ask why?

Why!! Well just because we all know these facts that I just mentioned and we do not react and take any counter measure.

Even if some of you say, "Wait a minute!!!", "I do care, I recycle, I avoid using paper, I have a garden that I care and do some planting..", ok that's good thing, but know I ask you, "Is your garden clean and healthy?" because the garden that we all live on, "Earth", who is cleaning and caring for her the Earth?

And you question "How could a mere single human change the all world?"

The answer is simple, you won't, but I never ask that of you, I just want you to take some action.

You reply what action?

The action that will cause a reaction... well I will not talk in riddles, so I explain, If you choose to avoid buying redundant 'Goods' like non-essential to life, example a lipstick, a chocolate, an extra pair of cloths that you will only use once, recycle more and so on...

So you say, "You want me to lose my quality of life?"

I just want you to ensure that your kids, and future generations will be able to drink a glass of water and breathe some air, and live a normal life.

This is not a request or an order, is a choice.

t choose to write this so I could help someone, if I could save our world with words I would be happy.

I am also to blame for not sharing this sooner and for sometimes I still also buy "Goods" without taking attention were they were made, and on how many people suffer and starve, or even died, so I could buy a cheap "Technology" or "Candy", and at same time millions of kids in this world have died of starvation without ever taste a candy or drinking a good clean water.

The worst part about all this is knowing that each and every one of us think first on them self, and maybe on the others and on Earth in last.

I just want to mention that is very important to think on yourself, but after some point you need to me aware and choose...

So to end this introduction, I will say an old phrase "One drop of water in a huge ocean, will not change the tie, but if we join all the drops of all our sweat and the tears that have cried with unnecessary pain, we could make action enough for our desirable reaction."

I am sorry it seems that I change a little the phrase but the goal is there ©

### Chapter 1 – "The beginning"

What is the beginning? The beginning of what?

Let start this slowly at the beginning of Earth.

It does not really matter when, the fact is that it has begun and still exists.

Now the beginning of life? Well then again, we know that it exists on earth, for now this will be good enough.

Beginning of humans, well we have some pointing dates, then again the important is that before the oldest human trace found in earth there was already life in this Earth, before humans even existed.

Since humans only appear after some other animals the question is, was evolution the reason or could there be some god before humans?

This is hard because the definition of god as we know was written by humans there for we must discard this definition, we also must discard most of our assumptions since in this fields most of the religions fail to prove anything in concrete.

Let's not use the word god and let's just use the term "superior living being", what is this new term you ask? Would be a living being with some more knowledge and capability's then other inferiors beings, capable of a world creation and stuff that seems simple impossible to us Humans, since this is all assumptions lets also discard this as well.

So what can we prove in reality?

We can in fact say that the beginning of god starts with the beginning of human intellect, since we are god creators and not the other way around.

Even if this facts that I am using are also based on human intellect and may have a good amount of error based or just a lack of our limited human comprehension, this information requires maybe more of us, so that one day we can understand, think or even see these mysteries.

This way for now let's just say that we cannot prove much beyond the fact that life exists and the dominant life in earth are the humans, even if there are still much to discover about humans capability and all the other living beings.

We can say that is hard to believe in Religions when they twist the old texts for their own purposes, in the past almost all religions did atrocities in their "God" name thousands of people were killed in wars or in persecutions for their own believes. And sadly this still happens on a smaller scale on the present.

Is not wrong to believe on something, is wrong to kill for that believe and also to force someone else to accept this believes against their own wills.

It's normal to make mistakes, it's also normal to accept those mistakes, and we should learn from them and not keep doing the same mistakes all over again.

I tend to learn from everything, since I am far from any kind of perfection, I accepted my mistakes and try to avoid them, I also learn from other people mistakes, every experience good or bad can teach more that any book, movie or story will ever teach you.

The other down size of books, are that they were written by humans, and humans do mistakes, they maybe fiction or true, but most of all they were not experienced by you, experience is very important in everything, you do in your life, since it will show you the reality, the feelings, the pain, these emotions and sensations, that you could try to read them, but until you feel them you will never really know them.

If you never swim in the sea, learn how to swim and go, it's amazing!!!

If you never eat a melon, well can be sweet or not depends, can be hard or softer, can have more or less juice, experience will always teach you the most.

The best part about experience is that you live it by yourself, you do not need to believe it, since you are felling something, touching or tasting, and this way will be hard for you to deny those things.

The books contain tales from the past or just tales, nether the less they still can provide good knowledge and other people experience, as I said before you learn from everything.

Every beginning starts we are own experiences, and also the less knowledge we have about something the more mistakes we are going to do, but is a normal and gradual curve that we go and will still go until the end of times...

In every choice we make, it will affect our path, but one thing I am sure, as long as you have the means to do something it will never be too late, to "ask forgive me", to say "I love you" or ask "help me" even to learn and share everything you want to do but never did...

### Chapter 2 - "The ending"

I hope that our choices and actions and continuous mistakes will not turn into our own end and the destruction of all living beings and Earth itself.

The world is dying and we are dying with it, I do not need to explain the obvious, but in this book all is known and should be obvious.

Why humans still make war?

Because they disagree on something?

Because they want to control another country's resources?

Because they can?

The only real and sad answer is because they choose too, and we all allow it.

So you are suggesting to avoid war, make a bigger war?

No, I am saying to sanctioned war, any war should be consider a crime, against life itself and Earth.

First if the soldiers refuse to go to war, there would be no war.

So you say end all soldiers and be unprotected against other countries threats?

No, I am saying use your soldiers to defend your country not to attack other.

War should be banned from the entire world, any industry that creates waste, pollution, and helps support war should be stopped.

In general all industry that creates waste, pollution should improve their health conditions, so the wastes and pollutions reduced in the entire world and if necessary should reduce their own production.

All the "great nations" in the world and all the "non-so-great", should unit as one and end starvation, stop the same old errors and focus on our dying "Earth".

Countries defend their borders and their citizens, who protect Earth from us Humans?

We do things, and keep making decisions like we are the masters of Earth...

As a reminder, before we even existed, Earth was here and probably will be here after we destroy our self's with war of mass destruction, Earth might have the strength to rise again, as she did many times in the past before us...

I am hoping that we wake up before that tragic ending, and we stop behaving like immature kid's and start respecting for starters, other humans, then all life and respect our home the Earth itself.

After Earth, keep doing the same for the all Universe, Multiverse and to the Infinity of Life.

#### Chapter 3 - "The Living"

Since I am asking for a change that can be chosen, and I have mention before to respect all Earth, I am now asking to respect all living beings, even the ones you feed from.

I vegetarian but in the past I had opted for allowing myself to eat all. I do not agree on eating meat or fish, but I also don't agree on eating plants.

You ask why?

Because all of them are living beings, just as us, have emotions, feelings and intelligence.

We evolved more than others species, but before "Humans" even existed these other species existed.

Animals as we called then, would feed on smaller and weaker, just like we do now, the difference is that we have more intellect and can choose, most of the other living species are still evolving and still use their basic instincts.

We should be better than them, like all other animals, it is normal that we feed on others, but one thing is feeding, other thing is over feeding and at the same time, wasting food, while millions of other humans starve.

Besides our own ignorance and stupidity, this actions do not respect the animals that were killed to feed, the ones that were not 'Sold' will be wasted, well this is wrong and most of all this is a crime.

Due to population over grow, the animal procreation, need to be increased and the only way for that is using artificial chemicals that will also harm us.

Not going into much detail but all actions have their own reactions, and we are already paying for this choices.

I have stopped eating meat, fish or any other living being, I still eat eggs and cheese, I have chosen to be a Vegetarian and eat majoritarian vegetables, fruits, carbons and proteins replaces like, Soya, Seitan, Tofu, etc.....

Another phrase that a friend of mine shared with me:

"If you do not know were the bacon you are eating comes from? Then you are the PIG."

I will let you reflect on that one by your self's...

#### Chapter 4 - "Illness"

The world is sick, the fauna is dying, and we are the disease.

Even if some of the Humans are living for more periods' of time, the number of the diseases are increasing and the gravity of these are also increasing.

Cancer is one of the worst diseases in the world, we haven't find a cure or even the concrete reason for cancer appearing and is diversity.

But then again, we should look into our actions, we eat more amounts of meat/fish that are produced with a lot of chemicals and sometimes on less than the half of the time they should take to grow.

We eat a lot more sweet's and processed food, fry food, fast food, and drinks, with or without alcohol, with more sugar and more chemicals, and gas.

The worst part of all this wrong food choices, is that this is done more for monetary reasons and some of this food, give dependency and sadly sugar is one of the new drug.

This "Sugar good" is giving to children, is not seen as "BAD", or controlled in any kind of way, anyone can buy and eat it.

All of this choices make us weaker, fatter and ill.

Besides all this nutrition's mistakes, we do less sports, that could at least spend some of that extra energy, our kid's do less, and some of the outdoors plays have been replaced by computer games that do not promote much or none movement at all, these new generations, not only eat worse than us, but are starting from younger ages that will do direct damage on their grow and on their health, more obesity, diabetes, hearth conditions and so on will appear and on early ages.

Sadly we and our children switch fruit for sugar, we like more to watch a movie, TV or a computer then do some sports.

We care more about money, then our own Heath.

Another available drug, Tabaco can be sold in any stores, and will harm you in more ways than one.

More money is spend in making and selling this drug 'Tabaco' then all the money in the world that's spend on research for the diseases that hunt us and kill our friends and families.

We prefer to equip our troops and send them to war and death, then spend money on research that could save millions, and even if just saved one would be better than death, misery, destruction and more anger and Hate.

War generates hate, hate generates war, in the middle some greed people got reach and a lot of innocents die.

If we all choose to love instead of fighting, we preferred to study and work hard, instead of stealing or wait for a better future.

If we above all respect and help more each other, maybe someday you might also be helped when you need the most.

Just to clarify help is not money, are actions with the best intentions.

Another part of evolution is our growing intellect and knowledge, and this mind of yours is getting much information and because of our rules, ethics and choices we are getting mind illness.

Psychological damages that can hurt more than a beating and cause more pain that cancer itself.

The fact that we know more, and some of this knowledge, is death, pain, suffer, misery and more death, our mind also becoming insane together with this insane world.

Not insane as 'crazy', but a silence insane, that make us look away from a beggar, refuse to help someone you do not know, and removing some of our most beautiful feelings, compassion, love friendship and our own freedom.

Our mind, becomes chained to society and rules, some good some bad, we stop being honest with our self and others.

We start losing our Humanity, this becomes a sick loop and our mind becomes weaker for the bad choices we make and also for the good choices we do not make.

Even if you say I have my conscience clear, you are just lying to me and most important to yourself and to your mind.

You might even forget this thoughts for a time, but your mind will recall it sooner or later and our own society gives more importance to bad and sad news in the newspapers and on TV then they do to happy and motivating news, so just see any daily news on TV and it will recall everything that is wrong on this world.

We are not machine yet, and we still have feelings.

I really do not like lies of any kind, not small not big lies, but there is something that I don't like even more and that is to ignore or to be ignored.

If we keep feeding this lie's every single day, to you and your kids, if you ignore all the evil in the world, some day will too late to react, to save yourself, your mind, yours friends and family and the all world for that matter.

Even if cancer seems to very bad, I can ensure you that humans are far worse, not all of course ©

And the mind disease are growing and becoming far worse that any known disease.

Let me just say another known phrase that is very elucidative:

"We spent half of are live working, stressing and losing our health to gain money, and we spend the other half of our life spending the money we earned, and trying to recover the health we lost..."

### Chapter 5 – "Collateral Damage"

The first collateral damage would be our future and Earth's future, but since future does not exist yet, and can only be planned or calculated.

We still can choice to prevent and save the future generations from hunger, misery and sad lives and horrible deaths.

Focusing on the past in the good and bad choices we can learn a lot.

I do not know what is hunger, not having, water to drink or bath, not having a home, a bed or even not having a mother or father.

But I know that millions in the world do not have some or even all of this, I cannot even imagine their pain and suffer.

Imagine a child that her parents died in a war, this child has no other family or support, has no food or water, is forced to steal/prostitution and eventually will die young, and no one's gives a dam!!

The worst part is that you do not need to image this is real, this is known and this is collateral damage.

Every single bad choice that we make can turn that action in a collateral damage, to you or your friends or to someone else.

You can call this Karma in some kind of way, the difference is that will go back to you on this life and no the other.

Do no waste your energy on bad actions, they will hunt you twice, perform good actions and you might get a good reaction.

The Axiom of Life

There is nothing for granted in this life, not even death. Do not assume that you will have a second life, do not assume that you go to hell or paradise, but you can assume your errors and mistakes on this life, because at least this one you know you have it.

Just be the best and good as you can be, I am not saying you won't have others life's I am saying that you have this one, make the best of it, and "Carpe Diem!" in other words "Size the Day!", before night's comes, and when night comes, party all night with all the friends you have make during the day ©

Earth is not ours, we live on it and we should care and protect her do not turn Earth on a collateral damage.

Do not assume that nature will recover, do not take for granted this planet of ours because when Earth collapses we all will be collateral damage.

#### Chapter 6- "Hope & Will"

Well I can hope for better day's for better 'Goods', for better health, for better all...

Religions exist to giving us hope and will, to make a better world and to grow as a better person.

Bu do not assume that your god will safe you, do not wait for a sign or a miracle.

You are your own saviour, your own god, maker and destroyer, your actions will define your path and the reactions will define you.

Is good to have believes, but is bad to assume that these believes will do the work for us, our decisions, our "Goods", our thinking, because they won't.

I respect all religions and we can learn a lot from them, they inspire us, give us hope and will, but in the end we will make our choices and actions.

Before humans, earth and life existed, we have created religions and all our knowledge, we created god, but even so he still give us hope and will, to not give up, keep searching for better and to be better.

As long as there is "Hope" there will exist "Will" to change and to make better choices.

The good moments in life, also gives us hope, to life those moments again, even if you were happy for just a second, you would keep that moment to give you power and seek more of these good feelings.

### Chapter 7 - "The Goods"

The "Goods" are not really good, normally you can have a normal live without most of this "Goods", they normally can be associated with lust, vanity and simple bad, some of them can have benefits but when they become an priority or even an addict then they will nothing more than a dependency a drug...

As you know too much of anything will be bad, we consume too much, waste in the same proportion, and do not really care if the waste goes polluting the earth or if the food that is wasted everyday could en world hunger.

People just care about them self's and the next "good", we are more and more, "Goods Junkies" that cannot stop consuming....

More to come in a near future...

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